

all day brekkie

6.30am to 2.30pm

fab raisin loaf 10

2 thick cut raisin loaf slices w/ butter (v)

spreads & breads 8

3 rye sourdough slices w/ vegemite, peanut butter or jam (v, gfo)

fresh fruit salad 14

seasonal fresh fruit w/ natural yoghurt (v, gf)

sunrise granola 18

toasted oats, pumpkin, sunflower & sesame seeds, nuts, coconut, dried fruit, fresh fruit, maple syrup, yoghurt, stewed apple (v, gfo)

açai bowl 19

açai blended w/ guarana, frozen berries & banana topped w/ fresh fruit, berries & granola (v, df, gfo)

pancake stack (all day) 16

three fluffy pancakes (v) w/ choice of:

+ maple syrup & cream

+ mixed berries & cream

+ fresh banana, nutella & cream

+ canadian - two bacon rashers, banana & maple syrup + 2

two eggs your way 13

2 scrambled, poached or fried eggs w/ light rye (v, gfo)

bacon & eggs 17

2 locally smoked bacon rashers & 2 poached, scrambled, or fried eggs w/ light rye (gfo)

steak & eggs 25

120gm rib fillet steak, 2 fried eggs, grilled tomato, hash browns, mushrooms, tomato relish w/ light rye (gfo)

beaut blt 15

locally smoked bacon, lettuce, tomato, garlic aioli & tomato relish on light rye (gfo)

w/ fried egg + 2

high protein brekkie 19

double smoked leg ham, italian sausage, 2 poached eggs, mushrooms, homemade baked beans & baby spinach w/ a side of tomato relish (gf, df)

w/ light rye + 2

eggs benny 16

poached eggs, baby spinach, hollandaise on light rye (v, gfo)

+ double smoked leg ham + 4

+ smoked salmon + 4

+ locally smoked bacon + 4

+ spicy plum pulled pork w/ smokey hollandaise + 4

+ mushroom & haloumi (v) + 4

beef huevos rancheros 19

chorizo and mince beef in a rich lightly spiced tomato sauce w/ capsicum & beans, fried egg w/ flat bread (gfo, df)



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vegetarian feast board 24

poached eggs, savoury beans in a rich tomato sauce, mushrooms, tomatoes, corn salsa, avocado smash, baby spinach, grilled haloumi, sunflower seeds, pepitas, & crusty bread w/ balsamic glaze & olive oil

big brekkie 22

2 eggs scrambled, poached or fried, 2 locally smoked bacon rashers, mushrooms, hash brown & grilled tomato w/ light rye (gfo)

belly burstin' brekkie 25

2 eggs scrambled, poached or fried, 2 hash browns, 2 locally smoked bacon rashers, grilled tomato, mushrooms, italian sausage, beans & tomato relish w/ light rye (gfo)

omelette three ways 20

+ double smoked leg ham, tomato, baby spinach & cheese w/ light rye
+ 3 cheeses (cheddar, mozzarella & feta), baby spinach w/ light rye (v)
+ smoked salmon, ricotta, baby spinach, dill w/ light rye

mini me brekkie (under 12)

+ **mini sweet pancakes** - 2 fluffy pancakes w/ maple syrup & cream (v) 10
+ **mini bacon & egg** - 1 poached egg, 1 bacon rasher & 1 slice of white toast 10
+ **mini breads & spreads** - 2 slices white toast w/ vegemite, peanut butter or jam 6
+ **mini raisin loaf** - 1 thick raisin loaf slice w/ butter 6

brekkie add ons

+ grilled tomato (gf, v) 2.5
+ mushrooms (gf, v) 4
+ homemade baked beans (gf, v) 4
+ tofu (gf, v, vg) 4
+ italian sausage (gf) 4
+ 1 locally smoked bacon rasher (gf) 4
+ 1 local organic free range egg (gf) 4.5
+ 2 slices toasted light rye 4.5
+ 2 hash browns (gf) 5
+ double smoked leg ham (gf) 5
+ 2 slices gluten free bread (gf, df, yf) 5
+ avocado (gf, v) 5
+ grilled haloumi (v) 5
+ smoked salmon (gf) 6
+ natural yoghurt (gf, v) 4
+ coconut yoghurt (v) 6

somethin' special

see the daily specials board for daily breakfast specials + homemade cakes & slices

nb: all ingredients may not be listed on the menu... please advise our staff of any specific dietary requirements or allergies

v = vegetarian
vgo = vegan option
gf = gluten free
gfo = gluten free option
df = dairy free
dfo = dairy free option
yf = yeast free

